



AGILE Research Ltd.

Helping you unlock your research potential



AGILE Research Newsletter



December 2024

Dear Colleagues / Tēnā koutou,

Welcome to the December 2024 issue of the AGILE Research Newsletter.

At AGILE Research, we celebrate the end of another exciting year and look forward to 2025. In this newsletter, we share with you the highlights from Dr Mandic's recent professional activities in Europe, the latest Compass Guide books updates including upcoming translations and the release of individual subscriptions for accessing digital versions of the books and the final report from the BEATS Research Programme 2013-2023.

Feel free to share this newsletter with relevant individuals and organisations in your professional networks.

If you or your organisation would like to work with us in 2025, get in touch and we would be happy to discuss your needs.

We wish you and your family and friends a wonderful Holiday Season and a happy, healthy and successful New Year!

Warm greetings from New Zealand / Ngā mihi nui,

Dr Sandra Mandic, PhD, PMP
 Founder and Director, AGILE Research Ltd.



Dr Mandic's recent professional activities in Europe

Dr Sandra Mandic had an exciting and action-packed visit to France, Spain and Serbia in October-November 2024. Highlights include presenting the latest BEATS Research findings at the International Society for Physical Activity and Health (ISPAH) Congress 2024 in Paris, visiting two universities in Spain and one in Serbia and delivering several talks and Compass Guide Research Training workshops. This travel offered a wonderful opportunity to reconnect with many colleagues and friends.



ISPAH Congress (Paris, France)



University of Zaragoza (Huesca, Spain)



University of Granada (Granada, Spain)



University of Novi Sad (Novi Sad, Serbia)

Compass Guide books updates: New translations and subscriptions

New translations in 2025

The feedback on the Spanish versions of the two Compass Guide books released in October 2024 has been overwhelmingly positive. We are excited to announce the upcoming translations of our books in **Portuguese, Chinese** and **Serbian** as well as a translation of another book in Spanish to be released in 2025. Watch this space!

12-month subscriptions for digital versions

In addition to the printed copies of the Compass Guide books, we are now offering individuals an option of a 12-month subscription for accessing a viewing-only digital (PDF) version of the Compass Guide books. Subscriptions are available for individual books and for a package of all four Compass Guide books. We are working on transitioning to e-books during 2025.

Upcoming translations of Compass Guide books to be released in 2025

Chinese	Portuguese	Spanish	Serbian

The Final Report from the BEATS Research Programme

Dr Mandic is delighted to share the final report from the [Built Environment and Active Transport to School \(BEATS\) Research Programme](#) which she founded in 2013 and led for the last 11 years. The programme officially closed in September 2023 but the BEATS team continued writing and publishing scientific journal articles, reaching a total of 47 published/accepted articles by the end of 2024.

A **20-page infographic report** showcasing different aspect of the 10-year BEATS Research Journey is now available from the [BEATS web page](#). Check it out! Over the course of 11 years, the BEATS Research Programme achieved **ten times higher research productivity** than the New Zealand average per NZD \$1 million in research funding.

Dr Mandic would like to express her gratitude to all individuals and organisations who contributed to and/or supported the BEATS Research Programme during the 2013-2024 period. It was a unique experience and an unforgettable journey in so many ways with many memories, photos and friendships to be cherished for a lifetime.



[BEATS Research Programme 2013-2023 – Final Report](#)

We wish you a wonderful Holiday Season and a happy, healthy and prosperous New Year and look forward to continuing to work together in 2025!

Ngā mihi o te Kirihimete me te Tau Hou