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Complete List of Publications

*Last updated: May 2025

Significance of the author order in the scientific field / discipline:

- The most significant author is the first author followed by the second author and last author (senior author).
- The significance of the other authors declines in order from the third author to the second last author in the list.

Books (12 published)

(4 originally published books, 2 subsequent editions of previously published books and 6 translation of originally published books by Dr Sandra Mandic)

Number Publication details

- 桑德拉·曼德琪(Sandra Mandic). (2025)《Compass指南:初学者指南—从研究问题到研 究报告与报告演示》(第二版),敏捷研究有限公司(AGILE Research Ltd.),惠灵顿 ISBN: 978-1-0670411-8-2 (PDF), ISBN: 978-1-0670411-9-9 (平装版). Available at: <u>https://agileresearch.nz/</u>
- Sandra Mandic. (2025) Guia Compass: Como planejar o seu projeto de pesquisa. (Primeira edição) AGILE Research Ltd., Wellington. ISBN: 978-1-0670587-0-8 (PDF); ISBN: 978-1-0670587-1-5 (paperback). Available at: <u>https://agileresearch.nz/</u>
- Sandra Mandic. (2025) Guía Compass: cómo planificar un proyecto de investigación. (Primera edición) AGILE Research Ltd., Wellington. ISBN: 978-1-0670411-4-4 (PDF); ISBN: 978-1-0670411-5-1 (Libro de tapa blanda). Available at: <u>https://agileresearch.nz/</u>
- Sandra Mandic. (2024) Guía Compass: viaje por la investigación para estudiantes de posgrado y directores (Segunda edición) AGILE Research Ltd., Wellington. ISBN: 978-1-0670411-2-0 (PDF); 978-1-0670411-3-7 (tapa blanda); Available at: <u>https://agileresearch.nz/</u>
- Sandra Mandic. (2024) Guía Compass: desde la formulación de preguntas de investigación a la realización de informes y presentaciones. (Segunda edición) AGILE Research Ltd., Wellington. ISBN: 978-1-0670411-0-6 (PDF); ISBN: 978-1-0670411-1-3 (Libro de tapa blanda); Available at: https://agileresearch.nz/
- Sandra Mandic. (2024) Compass Guide: How to Plan Your Research Project. (First Edition) AGILE Research Ltd., Wellington. ISBN: 978-0-473-71223-5 (PDF); 978-0-473-71222-8 (paperback); Available at: <u>https://agileresearch.nz/</u>
- Sandra Mandic. (2024) Compass Guide for Beginners: From Research Questions to Research Reports and Presentations. (Second Edition) AGILE Research Ltd., Wellington. ISBN: 978-0-473-71089-7 (PDF); ISBN: 978-0-473-71088-0 (paperback); Available at: <u>https://agileresearch.nz/</u>

- Sandra Mandic. (2024) Compass Guide for Postgraduate Students (and Their Supervisors): How to Navigate Your Research Journey. (Second Edition) AGILE Research Ltd., Wellington. ISBN: 978-0-473-69701-3 (PDF); ISBN: 978-0-473-69700-6 (paperback) Available at: https://agileresearch.nz/
- 4. Sandra Mandic. (2023) Compass Guide for Research Project Management. (First Edition) AGILE Research Ltd., Wellington. ISBN: 978-0-473-67924-8 (PDF); ISBN: 978-0-473-69523-1 (paperback) Available at: <u>https://agileresearch.nz/</u>
- Sandra Mandic. (2023) Como navegar a través de un proceso de investigación: Guía de brújula para principiantes. (1ra edición) AGILE Research Ltd., Wellington. ISBN: 978-0-473-67923-1 (PDF) Available at: <u>https://agileresearch.nz/</u>
- Sandra Mandic. (2022) How to Navigate a Research Process: Compass Guide for Beginners. (First Edition) AGILE Research Ltd., Wellington. ISBN: 978-0-473-62173-5 (PDF) Available at: https://agileresearch.nz/
- 1. Sandra Mandic. (2021) Compass for Navigating Your Postgraduate Research Journey: Guide for Students. (First Edition) AGILE Research Ltd., Wellington. ISBN: 978-0-473-58521-1 (PDF) Available at: www.agileresearch.nz

Book Chapters (5 published)

Number	Publication details
5.	Mindell JS, Mandic S. (2021) Transport Modes and Health. In: Roger Vickerman (Ed): International Encyclopedia of Transportation. pp. 106-117. UK: Elsevier Ltd.

- 4. Chillón P, Mandic S. (2020). Transport and Health. In: Mark Nieuwenhuijsen, Haneen Khreis (Eds): *Transport and Health*. Elsevier. p. 267-290. ISBN: 9780128191361; eBook ISBN: 9780128191378
- 3. Ikeda E, Mandic S, Smith M, Stewart T, Duncan S. (2020) Active Transport. In: Stuart Fairclough, David Lubans (Eds) *Routledge Handbook of Youth Physical Activity*, Routhledge. ISBN 9781138331549
- Mandic S, Rolleston A, Hately G, Reading S. Community-Based Maintenance Cardiac Rehabilitation. In: Ronald Ross Watson, Sherma Zibadi (Eds): *Lifestyle in Heart Health and Disease*, UK: Academic Press, 2018, pp. 187-198.
- 1. Hopkins D and Mandic, S. (2018). Purposeful Leisure Mobilities: Reframing the Walk to School. In: Hall CM, Ram Y, Shoval N. (Eds). *Handbook of Walking Studies*, Routledge, Abingdon, p. 100-108.

Scientific Journal Articles (102 published/accepted)

Number Publication details

- 102. Campos-Garzón P, Valle-Muñoz VM, Segura-Díaz JM, Ávila-García M, Saucedo-Araujo RG, Ruiz-Alarcón, López-Centeno FD, Pérez De Arrilucea Le Floc'h UA, Alcantara JMA, Medel-Carbonell LM, Rodríguez-Sánchez D, Ramírez-Osuna A, Castillo-Barragán M, Águila-Lara E, Huertas-Delgado FJ, Herrador-Colmenero M, Mandic S, Chillón P, Barranco-Ruiz Y, Villa-González E. ENERGY expenditure of COmmuting to school (ENERGYCO): protocol for a cluster randomized controlled trial. Frontiers in Public Health. 2025; 13:1467227. DOI: https://doi.org/10.3389/fpubh.2025.1467227
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New Zealand adolescents: A geospatial cross-sectional study. GeoHealth. 2025; 9(1):e2024GH001101. DOI: <u>https://doi.org/10.1029/2024GH001101</u>

- 100. Vorlíček M, Prycl D, Heidlerv J, Nábělková J, Mitáš J, Frömel K, Mandic S, Herrador M, Hinckson E. The power of play: Gamifiter as a tool for enhanced physical activity and active commuting. Smart Learning Environments. 2024; 11, 64. DOI: <u>https://doi.org/10.1186/s40561-024-00355-0</u>
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- 98. Lamboglia CG, Ruissen GR, Mandic S, García Bengoechea E, Spence, JC. Temporal relationships in the movement behavior of adolescents: Testing and methodological considerations of the ActivityStat hypothesis. Journal of Sports Sciences. 2024; 42(10), 947–958. DOI: <u>https://doi.org/10.1080/02640414.2024.2372929</u>
- Rolleston A, Korohina E, King K, Kentala K, Mandic S. Adding a Cultural Lens to Active Transport Initiatives: Māori and Pacific Adolescents' Perceptions of Transport to School. Active Travel Studies: An Interdisciplinary Journal. 2024; 4(1): 6, 1–28. DOI: <u>https://doi.org/10.16997/ats.1445</u>
- 96. Sandretto S, García Bengoechea E, Wilson G, Kidd G, Mandic S. Adolescents' Transport to School and Parental Perspectives in a School Choice Policy Environment. Active Travel Studies. Active Travel Studies: An Interdisciplinary Journal, 2024; 4(1): 4, 1–20. DOI: https://doi.org/10.16997/ats.1489
- 95. Situmorang ML, Mandic S, Smith M, Keall M, Donnellan N, Coppell K. Adolescents' unhealthy snacking behaviour during the school journey and the association with transport modes and food outlets along the school route. Perspectives in Public Health. 2024. DOI: <u>https://doi.org/10.1177/17579139241257091</u>
- 94. Mandic S, García Bengoechea E, Coppell K, Keall M, Smith M, Hopkins D, Sandretto S, Wilson G, Kidd G, Flaherty C, Mindell JS, Stephenson J, King K, Kentala K, Rolleston A, Spence JC. Travel to School Patterns and Perceptions of Walking to School in New Zealand Adolescents Before versus During the COVID-19 Pandemic. Journal of Transport & Health. 2024; 36:101803. DOI: https://doi.org/10.1016/j.jth.2024.101803
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- 92. Molina-García J, Queralt A, Flaherty C, García Bengoechea E, Mandic S. Correlates of the intention to use a bike library system among New Zealand adolescents from different settlement types. Journal of Transport and Health. 2024; 34:101740. DOI: <u>https://doi.org/10.1016/j.jth.2023.101740</u>
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- 86. Mandic S, Hewitt J, Dodge N, Sharma N. Approaches to Speed Management in New Zealand's Capital. Journal of Road Safety. 2023, 34(1). DOI: <u>https://doi.org/10.33492/JRS-D-22-00047</u>
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- 84. Wilson OA, Ikeda E, Hickson E, Mandic S, Richards J, Duncan S, Kira G, Maddison R, Meredith-Jones K, Chisholm L, Williams L, Smith M. Results from Aotearoa New Zealand's 2022 Report Card on Physical Activity for Children and Youth: A call to address inequities in health-promoting activities. Journal of Exercise Science & Fitness. 2023; 21(1): 58-66. DOI: https://doi.org/10.1016/j.jesf.2022.10.009
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- 81. Martin-Moraleda E, Mandic S, Queralt A, Romero-Blanco C, Aznar S. Associations among Active Commuting to School and Prevalence of Obesity in Adolescents: A Systematic Review. International Journal of Environmental Research and Public Health. 2022, 19, 10852. DOI: <u>https://doi.org/10.3390/ijerph191710852</u>
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- 73. White B, García Bengoechea E, Spence JC, Coppell KJ, Mandic S. Comparison of physical activity patterns across large, medium, and small urban areas and rural settings in the Otago Region, New Zealand. New Zealand Medical Journal. 2021;134:51-65. <u>www.nzma.org.nz/journal-articles/comparison-of-physical-activity-patterns-across-large-medium-and-small-urban-areas-and-rural-settings-in-the-otago-region-new-zealand</u>
- 72. Chillón P, Gálvez-Fernández P, Huertas-Delgado FJ, Herrador-Colmenero M, Barranco-Ruiz Y, Villa-González E, Aranda-Balboa MJ, Saucedo-Araujo RG, Campos-Garzón P, Molina-Soberanes D, Segura-Díaz JM, Rodríguez-Rodríguez F, Lara-Sánchez AJ, Queralt A, Molina-García J, García Bengoechea E, Mandic S. A school-based randomized controlled trial to promote cycling to school in adolescents: The PACO study. International Journal of Environmental Research and Public Health. 2021, 18, 2066; DOI: <u>https://doi.org/10.3390/ijerph18042066</u>
- 71. Gálvez-Fernández P, Herrador-Colmenero M, Esteban-Cornejo I, Castro-Piñero J, Molina-García J, Queralt A, Aznar S, Abarca-Sos A, González-Cutre D, Vidal-Conti J, Fernández-Muñoz S, Vida J, Ruiz-Ariza A, Rodríguez-Rodríguez F, Villa-González E, Barranco-Ruiz Y, Moliner-Urdiales D, Huertas-Delgado F, Mandic S, Chillón P. Active commuting to school among 36, 781 Spanish children and adolescents: A temporal trend study. Scandinavian Journal of Medicine & Science in Sports. 2021; 31(4): 914-924. DOI: <u>https://doi.org/10.1111/sms.13917</u>
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- 64. Sandretto S, Hopkins D, Wilson G, Mandic S. Competing Tensions: Active Transport to School, School Choice and Policy Making.Journal of Transport & Health. 2020; 18:100908; DOI: https://doi.org/10.1016/j.jth.2020.100908
- 63. Keall M, Hopkins D, Coppell K, Sandretto S, García Bengoechea E, Spence J, Wilson G, Mandic S. Implications of attending the closest school on adolescents' physical activity and car travel in Dunedin. Journal of Transport & Health. 2020; 18:100900; DOI: <u>https://doi.org/10.1016/j.jth.2020.100900</u>

- 62. Rahman ML, Moore A, Smith M, Lieswyn J, Mandic S. A Conceptual Framework for Modelling Safe Walking and Cycling Routes to High Schools. International Journal of Environmental Research and Public Health. 2020, 17, 3318; DOI: <u>https://doi.org/10.3390/ijerph17093318</u>
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Technical Reports (non-refereed reports / not peer reviewed) (77 published / delivered)

Since most of my research was conducted in close collaboration with the local government and community organizations, technical reports were used as an essential tool for dissemination of research findings to those organizations. Therefore, technical reports were used to communicate research findings to the stakeholders and contribute to the policy, community development and public health locally and nationally. In my government role at Wellington City Council, technical reports have been used to communicate research findings policy makers and facilitate evidence-informed decision making.

Technical reports prepared as part of my work at Wellington City Council do not include names of Council's staff as authors. The reports listed below were prepared by the Transport Strategy Team which I led during the 2023-2024 period.

Number Publication	n details
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77. Wellington City Council. Residents' perceptions about travel to work in Wellington city. Findings from Poneke / Wellington Transport Survey 2023. (Full report) July 2024.(30 pages) Available at https://wellington.govt.nz/-/media/parking-roads-and-transport/transport/insights/20240708-wcc-pwts-2023-traveltowork-fullreport.pdf

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- 75. Wellington City Council. Wellingtonians' opinions about road safety. Findings from Poneke / Wellington Transport Survey 2023 and 2024. (Full report) June 2024. (40 pages) Available at https://wellington.govt.nz/-/media/parking-roads-and-transport/transport-insights/2024-wcc-pwts-2023-2024-roadsafety-fullreport.pdf
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- 72. Mandic S. BEATS Research Programme 2013-2023: The Power of Vision, Teamwork, Perseverance and Project Management. July 2024. Available at: <u>https://agileresearch.nz/</u> (20 pages)
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- Mandic S, Kentala K. School Choice Report. Results of the Built Environment and Active Transport to School (BEATS) 2 Student Survey (2020-2022): Final Report for All Twelve Schools. May 2023 (58 pages)
- 69. Mandic S, Kentala K. All Schools Report. Key Results of the Built Environment and Active Transport to School (BEATS) 2 Study: BEATS-2 Student Survey 2020-2022. April 2023 (53 pages)
- 68. Mandic S, Kentala K. Kings High School Report. Key Results of the Built Environment and Active Transport to School (BEATS) 2 Study: BEATS-2 Student Survey 2022. November 2022 (54 pages)
- 67. Mandic S, King K. Queens High School Report. Key Results of the Built Environment and Active Transport to School (BEATS) 2 Study: BEATS-2 Student Survey 2022. November 2022 (54 pages)
- 66. Mandic S, Kentala K. Kaikorai Valley College School Report. Key Results of the Built Environment and Active Transport to School (BEATS) 2 Study: BEATS-2 Student Survey 2022. October 2022 (54 pages)
- Mandic S, Situmorang M. St Hilda's Collegiate School Report. Key Results of the Built Environment and Active Transport to School (BEATS) 2 Study: BEATS-2 Student Survey 2022. October 2022 (54 pages)
- 64. Mandic S, Kentala K. John McGlashan School Report. Key Results of the Built Environment and Active Transport to School (BEATS) 2 Study: BEATS-2 Student Survey 2022. September 2022 (54 pages)
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- 56. Mandic S, Flaherty C. Taieri College School Report. Key Results of the Built Environment and Active Transport to School (BEATS) 2 Study: BEATS-2 Student Survey 2021. November 2021 (54 pages)
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- 50. Mandic S, White B. Blue Mountain College Report: Key Results of the Built Environment and Active Transport to School Rural Study: BEATS-R Student Survey 2018. January 2019 (49 pages)
- 49. Mandic S, Calverley J. Cromwell College Report: Key Results of the Built Environment and Active Transport to School Rural Study: BEATS-R Student Survey 2018. January 2019 (49 pages)
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- 46. Mandic S, White B. Mt Aspiring College Report: Key Results of the Built Environment and Active Transport to School Rural Study: BEATS-R Student Survey 2018. January 2019 (49 pages)
- 45. Mandic S, Calverley J. Roxburgh Area School Report: Key Results of the Built Environment and Active Transport to School Rural Study: BEATS-R Student Survey 2018. January 2019 (49 pages)
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- 29. Maddison R, Marsh S, Smith M, Duncan S, Hinckson E, Mandic S, Taylor R. New Zealand 2016 Report Card for Children and Youth – Short Form. August 2017 (14 pages)
- Mandic S. Built Environment and Active Transport to School: BEATS Study. 3-Year Report (2013-2016). Report prepared for the BEATS Study stakeholders. Dunedin, New Zealand, June 2016. (23 pages) Available online: <u>http://www.otago.ac.nz/beats/otago615929.pdf</u>
- 27. Mandic S. Evaluation of Cycle Skills Training Programme: Year One Report. Report prepared for Dunedin City Council. Dunedin, New Zealand, February 2016 (50 pages)
- 26. Mandic S. School choice report: Results of the Built Environment and Active Transport to School (BEATS) Student Survey 2014/2015. Report prepared for Dunedin Secondary Schools' Partnership. Dunedin, New Zealand, November 2015 (38 pages)

- 25. Mandic S. Bayfield High School: Key results of the Built Environment and Active Transport to School (BEATS) Student Survey 2014/2015. November 2015 (50 pages)
- 24. Mandic S. Columba College: Key results of the Built Environment and Active Transport to School (BEATS) Student Survey 2014/2015. November 2015 (50 pages)
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- 12. Mandic S. Built Environment and Active Transport to School: BEATS Study. 1-Year Progress Report. Report prepared for the BEATS Study stakeholders. Dunedin, New Zealand, April 2014. (27 pages) Available online: <u>http://www.otago.ac.nz/beats/otago661606.pdf</u>
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- 2. Mandic S. Health Education Lifestyle Programme 2009: Medical Students Research Follow-up Report. Report prepared for Sport and Recreation New Zealand (SPARC). February 2010
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